



**Spring 2021 Updates: MA Statewide Steering Committee on Hoarding (SSCH)  
UPDATED 4/8/2021**

**Ed Chase, MassHousing**

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Thanks to all of you for sharing your informative updates and incredible work with the Committee. I hope you all enjoy this format until we can reconvene in person someday. I have included contact information for each report in case you want to make a deeper connection with another colleague. I am also happy to facilitate these connections. Stay resilient!

**Will Turner, LICSW, Elder Services of the Berkshires Behavioral Health Clinician**

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The Berkshire County Hoarding Disorder Task Force started meeting again (February-remotely) after a year of sabbatical. We will be meeting next on March 30, remotely. I am the coordinator of the Task Force. I have been meeting with the Western Mass Hoarding Disorder group once a month for the past 6 months with Lee and Becca hosting. We are sharing where we are at this time. Lee Shuer and Becca are performing on-line peer support and workshops regionally. We have had a small number of consumers from Elder Services of the Berkshires attending. Lee is arranging some attendance at local meetings to promote a Berkshire County focused Buried in Treasures peer support workshops and groups. Elder consumers seem more receptive to online attendance at peer support programs.

**Will Sutton, Program Manager, International OCD Foundation**

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- Due to the ongoing pandemic, we transitioned our Annual Hoarding Meeting to a virtual format and held the Online Hoarding Meeting on August 15th, 2020. This was a national meeting that brought together 320 attendees, including people with hoarding disorder, family and supporters, public safety officials, and clinicians. The program included support groups and continuing education for professionals.
- We will host our Online Hoarding Meeting on August 7th and 8th, 2021. Those interested in attending can learn more at [iocdf.org/programs/conferences](http://iocdf.org/programs/conferences).
- Through our Research Grant Program, we funded two randomized controlled pilot studies of a loneliness intervention for HD. The studies are part of a project being led by Dr.

Keong Yap at the University of New South Wales in Sydney, Australia. We awarded \$48,000 in total funding for this project.

- A portion of our annual Research Symposium was dedicated to research on HD, and featured presentations from Melissa Norberg, PhD at Macquarie University, Peter van Roessel, MD, PhD at Stanford University, and Jessica Zakrzewski, MRes at University of Florida. We are currently accepting poster and presentation submissions for our upcoming Virtual Symposium on July 8th at [iocdf.org/research](https://iocdf.org/research).
- We recently updated our directory of hoarding task forces and support groups on [hoarding.iocdf.org](https://hoarding.iocdf.org). If you have a new program or task force that you would like listed or need to update contact information for an existing listing, please email us at [info@iocdf.org](mailto:info@iocdf.org).

### **Janet Amdur, Belmont Council on Aging**

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The de-cluttering support group at the Belmont Council on Aging has met weekly, over zoom, since September with an average of 15 participants per session. Prior to each session, the facilitator sent the group homework assignments related to de-cluttering and these assignments were then discussed in small groups during the session. During each session, the group members have also shared resources with one another, given advice to each other and participated in a brief guided meditation. The group has also had guest speakers which included a representative from the fire department, a professional organizer and an individual who has had success with their de-cluttering efforts.

### **Kathleen MacVarish, Associate Professor of the Practice Boston University School of Public Health, Lifelong Learning Office**

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Local Public Health Institute of MA ([LPHI](#)) has been very busy and we, like many others, are working to transition classroom training into online versions. Of most interest to this group would be our online training: [Hoarding: A Special Housing Topic](#). Of note:

- 99 enrolled users July 1, 2019 - June 30, 2020
- 75 enrolled users July 2, 2020 - February 28, 2021
- 589 enrolled users since launch July 2012

This does not include the number of hits (people who audit the course or use it as an online reference). I'm looking forward to the time when we can meet back in person.

**April Hunt & Debbie Barry**  
**Chelmsford Senior Center**  
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It's been a trying year for our two *Buried in Treasures* classes, but we all came through it relatively unscathed. It will be hard to put all of the successes and transformations we've seen in just one paragraph, but I'll try. My co-facilitator, Debbie, and I had just started our new BIT curriculum in January of 2020 when our senior center had to close to the public in March due to Covid. But by April of 2020, we already had our classes back up on Zoom. We didn't, however, really continue with the prescribed curriculum as many folks were quite traumatized by the sudden isolation and loneliness. So instead, we became a kind of support group, a place for folks to voice their anxieties, fears, and concerns. We slowly began circling back to Hoarding Disorder issues and incorporated our own improvised homework exercises that the members seemed to readily accept and enjoy. By the time we went back to the BIT curriculum in September of 2020, our folks were in a better mindset and had really become secure with each other as well as with Debbie and myself. Because of this, we pushed an ending 'thesis' of sorts for their final class on March 3, 2021. They all had to first, film one heavily cluttered room in their homes and then, have it completely uncluttered by our final class – roughly 5 weeks time. We held our breath but every single one of them (even those in the first class who had never done an HD workshop before) came through with flying colors. They all said that the supportive bond they created with each other and with us made it easier (although still stressful) to openly show their cluttered room as it was, as well as the confidence to push themselves beyond what they thought they could do on their own. The amazing results were all shown with great pride! Many class members later wrote to Debbie and me privately saying how they NEVER thought they could even get one area done on their own let alone a whole room but were so happy that they did. Some are even thinking of having guests visit for the first time in over 20 years. We were also glad to hear that most of them will be continuing with us as we begin our new *CBT for Hoarding Disorder* curriculum starting March 24, 2021. Like many folks in other addictive programs (AA, Overeaters Anonymous, GA, etc.) our folks feel that one 15 or 10 week HD program only scratches the surface and should instead be on-going, so that's why my co-facilitator and I will continue with our folks for as long as they feel they need us, while also starting a new class this September for new attendees. We're also still hoping to start or at least join an HD task force sometime in the near future.

**Deborah Schwendiman, Supervisor Hoarding/DeCluttering Services  
SeniorCare, Gloucester**

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SeniorCare, a North Shore ASAP, has tried to maintain an active caseload and continue to offer ZOOM support groups. We also received a grant allowing us to provide tablets to our Clutterers so that they can join the support groups and if permitted see their homes and help us to assess their environment. With that info we have been able to suggest goals and assist with some sorting and discarding. We have been driving by to collect items to discard or donate. It is slow and sometimes a bit aggravating given internet access, etc., but we have endeavored to find ways to connect and stay connected to our clients.

**Paul Halfmann, MPH, RS., Assistant Director, Community Sanitation Program  
Massachusetts Department of Public Health**

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The Community Sanitation Program has spent most of the pandemic year working with other agencies in the ongoing development of re-opening guidelines as we transition from one phase to the next. As we moved through the past year, lately we are beginning to see a return to the good old days, housing complaints are on the rise and boards of health are working to keep up with their traditional demands in addition to Covid operations. The PHIT Housing class will be moved to a web-based certificate program and we are working with Kathleen McVarish at BU SPH. As you can imagine the Housing Code had been moved back on the priority list and recently back to the forefront. I'll certainly keep everyone informed as we progress.

I hope everyone has made it through what I hope is the worst part of the pandemic. Everyone has been challenged like never before and I am honored every day to work with such a dedicated group of local health professionals.

**Lynn K. Mulkeen / Erica Woods, Cape Cod Hoarding Task Force**

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**Barnstable County Department of Health and Environment**

Happy Spring, everyone! Here at the Cape Cod Hoarding Task Force, we unfortunately do not have a lot of updates at this time. We have had a few virtual meetings as a task force that we

coupled with trainings focused on the challenges of isolation and mental health concerns in dealing with the pandemic. However, COVID restrictions on gatherings and increased demands on the time of the public health staff that had been orchestrating both BIT groups and general meetings has, with great frustration for all, seriously limited our ability to have in-person groups. This being said, we have been checking in with past participants by phone and there have been some limited online meetings/groups/sessions held by an experienced facilitator for as many people as we have been able. The biggest obstacle we have found to virtual sessions with BIT participants has to do with technology—challenges with access and reliability are occurring with both physical hardware and wifi/internet. We are looking forward to being able to gather in person again and have had discussions about outdoor meetings when the weather turns. Stay well everyone and we look forward to seeing you in person, too!

**Christina Murphy**  
**Greater Lynn Senior Services**  
[CMurphy@glss.net](mailto:CMurphy@glss.net)

Greater Lynn Senior Services (GLSS) is looking forward to hosting Becca Belofsky, from Mutual Consulting Inc., for a zoom training for staff entitled “Helping Folks Who Have Too Much Stuff: Insight, Empathy, & Practical Skills in the COVID Era” on March 30th. Topics will include facts and myths about hoarding disorder, how to engage clients and family members, highlighting resources, and special considerations during the COVID pandemic.

GLSS has successfully worked with four clients who were in need of significant heavy chore services in order to remain safely housed in the community. In addition, there are five more clients who have been identified as needing heavy chore services and are awaiting availability from our vendors. Two of these clients have also accepted services through GLSS’ Mobile Mental Health program for counseling to address the behavioral health concerns associated with Hoarding Disorder.

GLSS continues to triage and consult with staff and community members on an ongoing basis for hoarding cases in the community; providing support and resources as needed.

**Cynthia Wallquist, Director of Community Services  
and Amanda Blais  
City of New Bedford  
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As we reflect on 2020, I'm sure we can agree that it seems hard to point out positive moments and memories. March 2020 was supposed to be the start of Spring Buried in Treasures workshops in the Fairhaven area. As a facilitator, this workshop would have been my largest group yet: 12 members versus 3 when I originally started. Group members came to the first class excited, motivated and had recruited their friends who either needed the support themselves or the group member wanted to see the progress they had made since joining the previous workshop. Then the pandemic hit, and the world was in lockdown. I called group members regularly to see how they were doing -- whether it be to discuss their hoarding situation or check in on them in general. I reassured group members that we would be able to come together as a group "soon", never thinking we would still be dealing with COVID-19 a year later. I received phone calls and messages from group members, saddened that they felt the progress they had made was gone due to social isolation and the difficulty dealing with shortages that was triggering compulsive acquiring. While a virtual version of the Buried in Treasures program was offered, group members decided that the format didn't feel the same and they wanted to wait until they could see each other again.

Fast forward to October 2020, when the Spring group turned into a Fall group. When the meeting location changed due to COVID-19 restrictions, group participation decreased significantly. Members who had joined slowly began skipping meetings as the scare of the pandemic continued. A few members dedicated to participating in-person each week (although concerned about the pandemic) felt they needed to attend to hold themselves accountable for their hoarding disorder and/or compulsive acquiring.

April 2021 will mark the start of the Spring Buried in Treasures workshops Saturdays in Acushnet. Members from past workshops have been notified of the start date and new members will be recruited through press releases published in local newspapers. A beginners Buried in Treasures group will begin late April in New Bedford.

Amanda L. Blais, Facilitator – Buried in Treasures, Therapeutic Mentor/Outreach Worker – Greater New Bedford Fresh Start Program

In addition, Mary Freire-Kellogg's "alumni" support group met sporadically during this past year; it resumes bi-monthly meetings next month in Acushnet on Monday evenings.

Through the grant, both Amanda and Mary are working with clients threatened with eviction, developing intensive Service Plans with timetables for (re)organization, donating and discarding: one in Taunton, one in Dartmouth and two in New Bedford. The Fresh Start Team also assisted two New Bedford Housing Authority residents reorganize their units through the grant to avoid housing court action.

Cynthia Wallquist, Director, City of New Bedford Department of Community Services

**Kelly Hagerty, Crisis Responder**  
**Framingham Fire Department's Heavy Content Task Force**  
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Since the outbreak of Corvid -19 here at the Fire Department we have witnessed firsthand the increase in mental health issues, stress, anxiety, social isolation and loneliness. Therefore, the accumulation and or symptoms of hoarding disorder have significantly increased and presented significant concerns in Covid-19 role for individuals seeking treatment since most in person treatment and or groups came to a halt. Framingham's Task Force recognized this early on and successfully developed a model within our municipality that offered the BIT workshop via Zoom this past fall of 2020 and we began our 2nd BIT Zoom group last week. The progress made with our fall group was undeniable and therefore we created a pick-up group called "Follow your Joy", with 100% of our original group members in attendance. In addition, my role here at the Framingham Fire Department put our community in the perfect position to collaborate with other nonprofit, social service and housing agencies and completed 2 separate statewide trainings via Zoom. Once we resume in person meetings, the 2nd part of this training will be conducted to the already identified housing and clinical staff to become in home coaches for their agency/ in- house. As we all know there are not enough professionals in this field that do the work needed in reducing content in the home, so the Framingham Fire Department has collaborated with the Latino Health Insurance Program to assist in identifying where outreach can be best implemented for Framingham's non-English speaking households. This will ensure that our most vulnerable populations based on the health inequalities within our community are served in order to strengthen our whole community. A trilingual facilitator will be trained using the BIT model to support the goal of training bi/trilingual professionals to become in home "healthy coaches" for sorting and discarding will address the much-needed

work in it. This opportunity in conjunction with funds from a CBDG (Community Block Development Grant) and under the HUD SEC 3 guidelines for minorities, will afford opportunities to train these individuals to become professionals in the industry as an LLC/ sole proprietor and eligible to be certified with the state of Massachusetts as SOMWBA certified. While this collaboration hopes to reduce the amount of “heavy content” it also affords job opportunities which can serve as secure step and pathway towards home ownership. The Framingham Fire Department’s Crisis Intervention Responder will be the initial point of contact for referrals to this program.

**Lynn Faust, Executive Director**  
**Metro Community Development Corp., Marlborough**  
**508-658-0880**

[www.strongcommunity.org](http://www.strongcommunity.org)

ClearPath addresses two geographic regions, MetroWest and Nashoba Valley. ClearPath’s goal is to increase the wellness for those who clutter in the communities where we serve, and to increase the capacity of professionals and peers to deliver affordable hoarding programs. So far in FY2021, ClearPath has served over 340 people: 121 peer group participants; education and training to 140, BIT Workshop facilitator training to 4 peers and 7 professionals; in home clutter coaching, moving, and chore services in 4 homes for 190 hours; Zoom clutter coaching for 48 cases for about 600 hours with curbside pickups at 8 homes, case consultations with 9 families; 5 TPP cases, 6 other eviction cases, and assisted staff in 14 municipalities and 15 agencies with hoarding cases.

During this Pandemic year, much of ClearPath’s program content was delivered online or by phone, including 11 workshops and weekly clutter coaching for almost 50 individuals. For clients outside of ClearPath’s normal service area, pickup services were not available. Many ClearPath clients were unable to maintain their cleared or partially cleared homes during the Pandemic. Food and toiletries were especially over-acquired. A few clients decluttered more effectively during the Pandemic, and some preferred a virtual clutter coach to the in-person coaching they had previously received. The mental health of clients generally worsened, especially those with depression.

ClearPath received some funding this year from Lowell, Ashland, and Hopkinton. Some families purchased ClearPath services to keep their loved ones safer with clutter assessments, clutter coaching, and clutter pickups at relatives’ homes.



## Cases and Activities:

1. An estimated 2 tons of collected items were recycled and donated by ClearPath staff after virtual sorting sessions (mostly in unmarked minivans).
2. Four cases in Nashoba Valley involved TPP involvement. ClearPath services and workshops are cost effective and more long-lasting for these cases, compared to employing professional organizers without enrolling the residents in BIT workshops.
3. Four cases in MetroWest and two cases in Nashoba Valley involved elder protective services.
4. Adult children with parents who live in cluttered homes who do not live locally often cannot visit to ensure that their parents are safe. ClearPath has been hired by families to care for elderly parents during the Pandemic.
5. ClearPath offers virtual coaching to those who attend workshops during weeks 8-15 of the workshop, to help them to practice the skills learned in the workshop.
6. Graduates of BIT workshops have made progress with weekly virtual clutter coaching. Sessions usually take place at the same time each week with the same coach, and last about 60 minutes.
7. "Pickups" are done at some homes weekly, and often help to set a deadline for a clutter client to do their homework in their home. Pickups are often recycling, clothing, kitchenware, and food.
8. Some ClearPath staff are fully vaccinated and can now perform in-person clutter assessments. ClearPath has done 3 in-person clutter assessments so far this year, after performing 4 virtual assessments since September 2020.
9. ClearPath staff do not anticipate in-person clutter coaching, even with vaccinated staff, until the COVID-19 positivity rate is much lower, exc in emergency cases when tenancy is at risk.
10. Two household moves were facilitated by ClearPath; one for an elderly disabled woman to move into senior public housing, and one for a woman who moved to the west coast. Both moves involved downsizing the household to less than 1/3 of the former household contents.
11. Two staff have attended Community Health Worker training to become certified as CHWs. The classes were offered through the Community Health Education Center of Boston Public Health Commission.
12. ClearPath's current staff hail from Boston, Worcester, Ayer, Chelmsford, Marlborough, Natick, and Framingham, including 4 clutter coaches and 8 facilitators (5 who also clutter coach).
13. Second Saturday volunteer coaching has been suspended until after the Pandemic.

**Lee Shuer**

**Mutual Support Consulting, LLC, Easthampton**

**Western Mass Hoarding Disorder Resource Network: Spring 2020 to Spring 2021**

<http://www.mutual-support.com>

Our update begins with a cancellation. "Out of an abundance of caution, regarding Covid-19, we will not be gathering for our regularly scheduled March 2020 meeting. Stay tuned and stay safe!" Following the shutdown of our in-person meetings, we cancelled all but one of our plans for our education campaign (we collaborated with Will Turner--the coordinator for the newly established Berkshire County HD Task Force--to pen a letter for the Berkshire Eagle,) to highlight HD Awareness Week: there would be no paper shredding events, no in-studio TV interviews, no community talks at the senior center. As the shutdown dragged on, we cancelled our upcoming Spring Buried in Treasures Workshop. Fast forward to June 2020, we used a portion of our Lee Mannillo grant to pay for a business Zoom account and started hosting monthly virtual meetings in June--the easier accessibility brought in many new stake holders, and we continue to gain members (#silverlining,) In July we advertised and used another portion of our grant to launch our first virtual BIT Workshop (vBIT,) which graduated in December 2020 (the members of that group continue to meet over Zoom!) We are now recruiting Western Mass residents for a vBIT Workshop due to begin April 15th, prioritizing residents of Berkshire County. Additionally, we established a Facebook page for the Western Mass HDRN, and that will be our resource hub. A full year has gone by, and though our regularly scheduled program was pre-empted by a worldwide pandemic,

- We began meeting monthly online and have grown our network many-fold,
- We ran our first vBIT Workshop, which had 100% retention, all 5 participants reported benefitting greatly and continue to meet,
- We wrote an article for a newspaper in Berkshire County,
- We started our Facebook page,
- We are about to begin another vBIT Workshop,
- We will be publishing an article about HD in a special senior services section of a newspaper in Franklin County,
- And we developed a list of HD facts to use for public education and will be sharing it with our network to celebrate Mental Health Awareness Month in May.

The Western Mass HDRN has remained hopeful, connected, and productive with the support of our Mass Housing funding and the sheer will and determination of our dedicated core members and the enthusiasm of our newest recruits. We look forward to making further progress in the coming year, no matter what! Thank you for your support.

**Kathy Turner, Clinical and Community Social Worker**  
**Brookline Center for Community Mental Health**  
**Brookline Task Force – Update [Pandemic December 2020 to March 2021]**  
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Hoping that everyone has been able to find ways for their personal families, their colleagues and their vulnerable clients to remain safe, as emotionally stable as possible and manage self-care during this time.

Regarding efforts undertaken by our Brookline Task Force – there are several general updates and some items to report to the group. We are very grateful to Mass Housing and Ed Chase for extending this grant to enable us to implement some programming for our vulnerable residents struggling with clutter and hoarding related challenges.

- Since our Task Force includes health department, clinical staff, first responders and other front line clinical staff, many of our roles were shifted in the early days of the pandemic. Clinical/community therapy staff moved to complete telehealth sessions and collaborated on interagency efforts to coordinate delivery of essential items for all residents (food, toilet paper, masks). Discussion and resources were explored to increase availability to technology (chrome books, wifi, cell/telephone) for all residents, particularly those with less access. First responders were re-routed to assist with the covid emergency operations center to help centralize calls, resources and emergency needs of residents and health inspectors were enlisted to assist with covid tracking and other life threatening covid related needs; Many of these additional roles continue today but have decreased slightly allowing for more preventative collaborative interventions.
- Responses to public health issues involving clutter or hoarding related issues were only issued in the most severe public health issues. Communication between members was facilitated through email and phone and involved coordination of support and resources for residents with public health issue.
- Due to the round of funding from Mass Housing, the task force was able to fund a virtual group for Clutter/Hoarding related Challenges. In collaboration with Boston University, the Brookline Task Force coordinator, Kathy Turner, is co-leading a 20 session Clutter/ Hoarding Disorder virtual treatment group with Suzanne Otte. The group has 9 active members participating virtually and just completed session #9. The group had some challenges early on with zoom technology, particularly for several of our elderly participants, but have been able to resolve this issue. Currently members seem upbeat and positive about their experience. An intern from BU is assisting with

data collection and group facilitation, so we will have more insights at the end of the 20 weeks. We will share information with the group as we collect information.

- Two members of our Task Force retired during the pandemic shut down. As agencies begin reopening and expanding in person visits, the TF will seek to re-evaluate membership and interventions.
- Many programs were shifted to make room for discussions, acknowledgement and support for BIPOC colleagues, friends and clients to express solidarity and bear witness to racial trauma in our communities following ongoing community violence. We hope to continue discussions within the task force members as it makes sense and continue to support changes in practice patterns to better support all of our community members and decrease structural racism.

**Suzanne Otte, LCSW**

**Scituate Hoarding Response Team**

**South Shore Clutter Reduction Collaborative**

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I am writing to provide a mid-grant progress report for the Town of Scituate. We were grateful to receive FY21 funding to support activities of the Scituate Hoarding Response Team. This year, we partnered with the community of Brookline and The Brookline Center – also a recipient of Mannillo Grant funding – to launch a 20-week Group CBT (GCBT) Treatment for Hoarding Disorder. I am working with fellow clinician, Kathy Turner, a colleague who I met several years ago through my training at Boston University School of Social Work. A portion of the Town of Scituate funding will be used to supplement a portion of the GCBT program. Following the group's wrap-up in July, we will compile data collected about group member outcomes – including progress and lessons learned from conducting GCBT online. Our group is supported by Boston University School of Social Work through consultation with Dr. Jordana Muroff and through the assistance of a graduate social work intern who is assisting with pre- and post- treatment interviews of participants, data compilation, and group observation. As you may know, the Town of Scituate has been at the forefront of facilitating online hoarding support and treatment groups throughout the past few years. Sharing this experience with another community will enable an informed intervention for hoarding through online outreach. It's an exciting opportunity to transition what we know about the efficacy of GCBT to online while training new providers to broaden the reach of this resource. The balance of our funding will be used to fund an 8-week online decluttering workshop that will begin in early summer.

The workshop will revisit material from the Buried in Treasures book and will focus on education about hoarding, steps to decluttering, and goal setting to facilitate progress. The curriculum will be based upon two groups run last summer on behalf of Scituate Hoarding Response Team and South Shore Elder Services. The groups were very well received by participants and we expect a strong response for the MassHousing funded group this year.

Thank you for the opportunity to continue programming through our Mannillo Grant. The Scituate Hoarding Response Team is pleased to continue to provide hoarding-related programming to Massachusetts residents in need of these services. Details about our past and present programming can be found at [www.SouthShoreCRC.org](http://www.SouthShoreCRC.org) (South Shore Clutter Reduction Collaborative). Please be in touch with any questions you have regarding our FY21 plans.

**Wil VanDinter**  
**Watertown Health Department**  
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In February 2020 we successfully trained four at-home coaches – two BU social work students and two retired social workers. However, due the global pandemic we put the in-person coaching on-hold. Since the we did not any existing relationship built up between the clients and the coaches were not able to transition to test a virtual format. At this point in time, we do not have plans to resume the in-home support since people have not been fully vaccinated and we do not want to put anyone at risk. Outside the scope of this grant, the Watertown Clutter Support Group that has been able to be successful transition to conference call and videocalls. There are many regular attendees which greatly helped to make this an easy transition.

**Teresa Kourtz**  
**OCES and Greater Brockton Area HTF**  
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Current activities:

The Greater Brockton Area Hoarding Task Force has been able to continue to offer the Buried in Treasures groups. We were able to have two groups run in the fall. One offered by OCES and the other through South Bay Community Services. We are currently running one now, with South Bay Community Services.

We recently hosted (03/23/2021) along with MassHousing, and OCES a professional development training for Family and Friends of a loved one with Hoarding Disorder by Bec Belofsky. The training was a success. We had 100 people register and 75 attended. We are in the process of updating our resources manual.

162 calls/actions have been made/received regarding Hoarding and/or information was provided to recipient- including trainings.

Deana Andrade (Behavioral Health Supervisor) has worked with Bec Belofsky and Lee Shuer to convert BIT to virtual in beta group which includes facilitators from various US States and Australia.

Positive feedback from participants who have attended BIT Workshops with significant reduction of hoarding behaviors.

We are in the process of hosting a professional development, Hoarding 101 in May

Future plans:

We plan to run another BIT group in the summer.

We continue to meet on zoom every other month.