



Property Management Resource Guide

Southeast MA

Pictured:
The MassHousing-financed
Empresa in Brockton

www.masshousing.com
617.854.1000

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JUNE 2026**

About

MassHousing is an independent, quasi-public agency created in 1966 and charged with providing financing for affordable homeownership and rental housing in Massachusetts. The Agency raises capital by selling bonds and lends the proceeds to low-and moderate-income homebuyers and homeowners, and to developers who build or preserve affordable and/or mixed-income rental housing. MassHousing does not use taxpayer dollars to sustain its operations, although it administers some publicly funded programs on behalf of the Commonwealth. Since its inception, MassHousing has provided more than \$29.5 billion for affordable housing.

The Housing Stability Department (HSD) provides a variety of programs and resources aimed at promoting positive tenancies, reducing evictions, and creating opportunities for residents of affordable rental housing. HSD leads intergovernmental collaborations to address disparities in housing access and stability for at-risk populations; offers program and grant support to help MassHousing partners foster inclusive, safe, healthy and thriving communities; and organizes learning opportunities that focus on the intersection of social issues and affordable housing.

For more information, visit masshousing.com/housingstability.

The following guide is a non-exhaustive list of resources.

Contact Kara Johnson, Senior Strategy and Program Manager in the HSD, with any questions at: kpjohnson@masshousing.com

Communities Included in Southeast MA

Abington
Attleboro
Avon
Barnstable
Bourne
Brewster
Bridgewater
Brockton
Carver
Cohasset
Dartmouth
Duxbury
Eastham
Easton
Edgartown
Fall River
Falmouth
Hanover
Hanson
Harwich
Hingham
Holbrook
Hull

Kingston
Lakeville
Mansfield
Marshfield
Mashpee
Middleborough
Nantucket
New Bedford
Norton
Orleans
Plymouth
Randolph
Raynham
Rockland
Sandwich
Scituate
Taunton
Tisbury
Wareham
Weymouth
Whitman
Yarmouth

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Childcare Assistance

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Statewide/National Resources:

[Child Care Aware](#)

Child Care Aware of America is a national network of childcare resource and referral (CCR&R) agencies that connect communities with quality and affordable childcare. They provide information on selecting childcare, paying for childcare, military family fee assistance and respite care, in addition to many other family and childcare issues.

Contact: 1-800-242-2246

[Childcare.gov](#)

Childcare.gov helps families across the country by providing resources and information regarding selecting and paying for childcare, health and human services, and financial assistance. Childcare.gov offers a search engine to find childcare programs and services within the state of Massachusetts.

[Children's Trust of Massachusetts](#)

55 Court St, 4th Floor, Boston, MA 02108

The Children's Trust of Massachusetts has created this program search site to connect families with help and services within their own communities. The Children's Trust's mission is to stop child abuse and they have partnered with various family programs to ensure that families have accessible and affordable resources.

Contact: 617-727-8957

[Community Action Agencies \(CAAs\)](#)

CAAs were created in 1964 as private, non-profit human service and advocacy organizations to fight poverty and expand access to achieve economic stability for communities. CAAs offer resources for center- and home-based childcare, Head Start and Early Head Start programs, and other programs such as housing, food banks, energy assistance, and many more.

Contact: 617-573-1100

[Coordinated Family and Community Engagement](#)

The Coordinated Family and Community Engagement (CFCE) Network is a group of local programs that provide families with child development resources and services to families with young children.

[Massachusetts Department of Early Education and Care \(EEC\)](#)

100 Hancock St., 4th Floor, Quincy, MA 02171

The Department of Early Education and Care (EEC) operates within the Massachusetts Executive Office of Education. EEC aims to provide access to resources and information to all residents of Massachusetts. EEC offers childcare search for different types of childcare, financial assistance, voucher information, Head Start and Early Head Start resources, and among many forms of information.

Contact: 617-988-7481

[Family TIES of Massachusetts](#)

Family TIES of Massachusetts is a program that provides information and training for families and children with special health needs or disability and their professional partners. They are a key source of information about Early Intervention (EI) and have an ongoing list of EI programs in the state.

800-905-TIES (8437)

[Head Start and Early Head Start Centers](#)

Head Start and Early Head Start are federal childcare programs that offer center-, home-based, and family childcare options. Head Start is offered to three- and four-year-olds prior to them entering kindergarten, and Early Head Start accepts infants and toddlers. These programs are offered statewide and available where there are openings for eligible families. Early Head Start may not be available in all communities.

[KinderCare](#)

KinderCare offers early education programs for children from birth through kindergarten across the country. Tuition support is available, if eligible.

Mass 211

Mass 211 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources. Always a confidential call, Mass 211 maintains the integrity of the 9-1-1 system saving that vital community resource for life and death emergencies.

Contact: 211 or Toll Free 877-211-MASS (6277)

YMCA Childcare Search

YMCA's across the country offer early learning, childcare, and out-of-school programs assisting working families. They typically offer full day and partial day programs which can be found using their location search by zip code.

Regional Resources:

Cape Cod Children's Place

10 Ballwic Rd., Eastham, MA 02642

Cape Cod Children's Place offers various no-cost programs from Provincetown to Barnstable. Children's Place programs focus on areas of early education and childcare, family support, and community engagement.

Contact: 508-240-3310 or info@capecodchildrensplace.org

Child Development and Education

231 Main St., Suite 100, Brockton, MA 02301
34 Main St. Ext., Unit LL-04, Plymouth, MA 02360
99 South Main St. Suite 352, Fall River, MA 02721
38 Elm St., New Bedford, MA 02740
76 West Main St., Hyannis, MA 02601

Child Development and Education is a family childcare system with offices in Brockton, Plymouth, Fall River, New Bedford, and Hyannis among others across Massachusetts. They partner with independent family childcare educators and provide assistance, professional development, and consultations with these educators. They provide subsidies, referrals, and resource guides as well.

Contact:

- Brockton: 508-583-4714
- Plymouth: 508-747-3318
- Fall River: 508-259-5597
- New Bedford: 508-993-0745
- Hyannis: 508-778-1683

Coalition for Children

130 Katharine Lee Bates Rd., Falmouth, MA 02540

The Coalition for Children is an education and support programs for families with infants, toddlers, or school-age children. They are Coordinated Family & Community Engagement (CFCE) program that offers play groups, family workshops and education, support groups, links to local childcare providers, development screenings and other services to the Greater Cape Cod community, many of which at no-cost.

Contact: 508-548-0220 or bgray@falmouth.k12.ma.us

[Community Action Committee of Cape Cod & Islands \(CACCI\) Child Care Network](#)

372 North St., Hyannis, MA 02601

Child Care Network (CCN) is a program of the Community Action Committee of Cape Cod & Islands (CACCI) that offers free resource and referral services. CACCI is the Department of Early Education and Care resource and referral agency for Southeast MA. Their main office is in Hyannis, but they serve the greater communities of Nantucket, Martha's Vineyard, Cape Cod, and Southcoast MA.

Contact:

- CACCI: 508-771-1727
- CCN: 508-778-9470
- info@cacci.cc
- bethg@cacci.cc

[Martha's Vineyard Community Services](#)

111 Edgartown Rd., Vineyard Haven, MA 02568

MV Communities Services offers services and programs for a variety of topic issues, such as domestic and sexual violence, transportation access, and mental health, among others. Within their Youth and Family Services department, they offer center-based early education and childcare, Head Start programs, the MV Family Center, and a Family Resource Center.

Contact: 508-693-7900 or info@mvcommunityservices.org

[Nantucket Family Resource Center](#)

1 Freedom Sq., Suite B, Nantucket, MA 02554

The Nantucket Family Resource Center works to serve Nantucket residents with a range of family and child support services. Specifically, they offer WIC services, free baby supplies, family support services, student development services, and education support services.

Contact: 508-211-0193

[People Acting in Community Endeavors \(PACE\), Inc.](#)

166 William St., New Bedford, MA 02740

PACE is a Community Action Agency that serves the Greater New Bedford area with a variety of services. Their Child Care Works helps families access early education and childcare options along with vouchers and additional support activities as a Coordinated Family and Community Engagement (CFCE) program. PACE also offers a Head Start program to their communities.

Contact: 508-999-9920 or help@paceinfo.org

[Quincy Community Action Programs \(QCAP\)](#)

1509 Hancock St., Quincy, MA 02169

Head Start Center: 22 Pray St., Quincy, MA 02169

Quincy Community Action Programs (QCAP) offers a Head Start program serving families in Quincy, Braintree, Hull, Milton, and Weymouth. QCAP offers center-based options, and Early Head Start home-based options. QCAP also operates Community Care for Kids (CCK) providing information and referral, child care subsidies and professional development for child care professionals. CCK serves families in Belmont, Braintree, Canton, Cohasset, Dedham, Dover, Hingham, Hull, Milton, Needham, Newton, Norwood, Quincy, Randolph, Waltham, Watertown, Wellesley, Weston, Westwood, and Weymouth.

Contact:

- 617-657-5305
- Head Start: 617-249-2000 or qcaphs@qcap.org
- CCK: cck@qcap.org

Self Help, Inc.

45 Pearl St., Brockton, MA 02301

Self Help, Inc is a Community Action agency and Coordinated Family and Community Engagement (CFCE) program serving communities in Metro Boston and Southeast MA. Self Help has Head Start locations in Brockton, Middleboro, Norton, Norwood, Stoughton, and Whitman. Self Help specifically serves Abington, Attleboro, Avon, Bridgewater, Brockton, Canton, Dedham, East Bridgewater, Easton, Foxboro, Franklin, Hanson, Holbrook, Mansfield, Middleboro, Needham, Norfolk, North Attleboro, Norton, Norwood, Plainville, Randolph, Raynham, Rockland, Sharon, Stoughton, Walpole, West Bridgewater, Westwood, Whitman, and Wrentham.

Contact: 508-588-0448 or for Head Start questions: 508-587-1716

South Shore Community Action Council

71 Obery St, Plymouth, MA 02360

South Shore Community Action Council offers Head Start, Early Head Start, and state-subsidized early education and childcare programs with locations in Marshfield, Plymouth, Wareham, Hyannis, West Yarmouth, and Dennisport. SSEE also host parent involvement events, including healthy cooking classes, grandparent's groups, kindergarten workshops, etc. The South Shore Family Network (SSFN) is supported as a Coordinated Family and Community Engagement (CFCE) program and has various other workshops for families in Carver, Cohasset, Duxbury, Halifax, Hanover, Hingham, Kingston, Norwell, Pembroke, Plympton, and Scituate.

Contact: 508-747-7575 or SSEE: 508-746-0333

Domestic/Sexual Violence Support⁸

Statewide/National Resources:

[Behavioral Health Network](#)

This [link](#) provides a list of locations across Western Massachusetts.

Behavioral Health Network, Inc. (BHN) is a regional provider of comprehensive behavioral health services for adults, children and families. Since its origins in the Child Guidance Clinic of 1938, BHN has grown into the largest behavioral health service provider in Western Massachusetts.

Contact: Use this [link](#) to find contact information for each location.

[Jane Doe Inc](#)

A coalition against domestic violence across the state of Massachusetts. This website offers specific resources and contact information throughout the state.

[MA Safelink](#)

Hotline for safety planning, resources, and referrals.

Contact: 877-785-2020

[Massachusetts Society for the Prevention of Cruelty to Children](#)

125 Hartwell Avenue, Lexington, MA 02421

Massachusetts Society for the Prevention of Cruelty to Children is a private, non-profit society dedicated to leadership in protecting and promoting the rights and well-being of children and families. This program offers pregnancy and parenting support, child and family therapy, foster care and adoption, and advocacy work. This program is specifically designed to end violence towards children and families. Use this [link](#) to find a regional office's location and contact information.

Contact: Main office 781-861-0890

[National Domestic Violence Hotline](#)

This is a 24-hour hotline.

Contact: 800-799-7233 or text LOVEIS to 22522

[The Network/La Red](#)

The Network/La Red is a survivor-led, social justice organization that works to end partner abuse in LGBTQ communities. We strengthen our communities through organizing, education, and the provision of support services. Support services include 24-hour hotline, housing pathway programs, support groups, and resources.

Contact: 617-742-4911 or toll free 800-832-1901

[The Northeast Native Network of Kinship and Healing](#)

We create safe spaces by offering crisis sheltering to provide safety during crisis and emergency situations, relocation assistance to assist program participants in relocating after fleeing/leaving an abusive situation, and transitional assistance to help support program participants become economically stable after domestic violence, and through sexual assault sheltering services.

Contact: 508-663-3874

[Safe Horizon](#)

24 Hour hotline or chat with an advocate.

Contact: 1-800-621-HOPE (4673)

[Victim Rights Law Center](#)

The Victim Rights Law Center's mission is to provide legal representation to survivors of rape and sexual assault to help rebuild their lives; and to promote a national movement committed to seeking justice for every rape and sexual assault survivor. They offer legal services, pro bono programs, and trainings.

Contact: 617-399-6720

[Visioning B.E.A.R Circle Intertribal Coalition](#)

The mission of VBCIC is to prevent domestic and sexual violence and other interpersonal violence in the tribal, intertribal, and multicultural communities in the Northeast, as well as nationally. Visioning B.E.A.R. provides prevention education, training, and technical assistance to all indigenous and multicultural communities in the Northeast and nationally who wish to eliminate interpersonal violence in their tribal, intertribal, or other types of communities. The acronym B.E.A.R. in our name stands for "Balance, Equality, and Respect."

Contact: 413-961-9167

[A Safe Place](#)

5B Windy Way, Nantucket, MA 02554

A Safe Place provides free, confidential services to survivors of domestic violence and sexual assault. Our services include direct services as well as preventive education, supervised family visitation, crisis intervention, counseling, advocacy and much more.

Contact: Office Phone: 508-228-0561 or Hotline: 508-228-2111

[Behavioral Health Network](#)

This [link](#) provides a list of locations across Western Massachusetts.

Behavioral Health Network, Inc. (BHN) is a regional provider of comprehensive behavioral health services for adults, children and families. Since its origins in the Child Guidance Clinic of 1938, BHN has grown into the largest behavioral health service provider in Western Massachusetts.

Contact: Use this [link](#) to find contact information for each location.

[Connect to End Violence](#)

111 Edgartown Road, Oak Bluffs, MA, 02557

CONNECT to End Violence, a dual domestic violence program and rape crisis center, provides free and confidential services to individuals who have experienced or witnessed domestic or sexual violence as well as loved ones, friends, acquaintances or coworkers who may also be impacted. Services include: crisis hotline, crisis counseling, advocacy, community education, supervised visitation, and a new program for children who have experienced violence.

Contact: Office Phone: 774-549-9667 or Hotline: 508-696-7233

Family and Community Resources, Inc (FCR)

18 Newton Street, Brockton, MA 02301

Family and Community Resources, Inc. (FCR) is a nonprofit organization based in Brockton, Massachusetts, dedicated to supporting individuals and families impacted by trauma and violence. They offer a wide range of services including domestic violence advocacy, mental health counseling, supervised visitation, housing assistance, and education programs for both survivors and offenders. FCR serves over 100 communities across Southeastern Massachusetts and operates a 24-hour multilingual hotline to ensure accessible support for those in need.

FCR 24-hour Hotline: (508) 583-6498

Independence House Inc.

160 Bassett Lane, Hyannis, MA 02601

220 Main Street, 2nd Floor, Suite 200, Falmouth, MA 0254

2 Mayflower Ct., Provincetown, MA 02657

5 Namskaket Rd. Unit 1, Orleans, MA 02653

Independence House, Inc. is Cape Cod's leading resource, counseling and advocacy center to address and prevent domestic and sexual violence. All of Independence House services are free and confidential. Services are available in English, Brazilian Portuguese and Spanish. Additional interpretation/translation services are accessible.

Contact:

- Hotline: 800-439-6507
- Hyannis, Provincetown, Orleans, Falmouth: 508-771-6507

New Hope, Inc.

247 Maple Street, Attleboro, MA 02703

New Hope engages survivors, stakeholders and communities to build an anti-violence movement. Using a trauma-informed practice, we work with those impacted by sexual and domestic violence, as well as those persons who use abuse in their intimate relationships.

Contact: 508-226-4015 or 508-889-8129

The Women's Center

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405 County St, New Bedford, MA 02740

We have a domestic violence program for the residents of New Bedford, MA, and surrounding areas providing a 24-hour hotline, multilingual crisis intervention, and counseling sessions.

Contact: Office Phone: 508-996-3343 or Hotline: 508-999-6636

Food Assistance

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Statewide/National Resources:

[Meals on Wheels](#)

Meals on Wheels provides nutritionally balanced meals to elders, their dependents, and adults with disabilities in the Commonwealth through home delivery or at dining sights. Meals on Wheels programs in the Commonwealth also provide many different medically tailored and culturally appropriate meals. Use the agency directory to find your local Meals on Wheels provider.

Contact: 1-800-243-4636

[Project Bread's Food Source Hotline](#)

Project Bread's FoodSource Hotline is the food assistance line for all of Massachusetts. Whether you need help paying for food and don't know where to start or you're curious about ways to boost your food budget or save on groceries, you can chat.

Contact: Call or Text 1-800-645-8333

[Salvation Army](#)

Follow link and enter zip code for nearest location

The Salvation Army offers information about food pantries, meal programs, community gardens, and more. Salvation Army programs and services vary with local needs. For information on specific programs and locations, contact your local Salvation Army Corps Community Center by using the location search.

Contact: 800-725-2769 or use the location search to find local contact information

[SNAP Program Benefits](#)

SNAP is a federal nutrition program administered by the Department of Transitional Assistance (DTA) for Massachusetts residents. Check your eligibility using the confidential [screener](#) or see the chart on the website. If eligible, apply, and DTA will mail you an [Electronic Benefit Transfer \(EBT\) card](#). You can use the funds on your EBT card to shop for food. It looks and works like a debit card.

Contact: DTA Assistance Line: 1-877-382-2363 (press 7 to apply for SNAP)

[Women, Infants, and Children Nutrition Program](#)

WIC is a nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services, free of charge, to Massachusetts families who qualify. Use this [link](#) to check your eligibility.

Contact: 1-800-942-1007 or wicinfo.dph@massmail.state.ma.us

- Check local contact information by using this [link](#) and entering your location information

[About Fresh](#)

About Fresh is a Boston-based nonprofit that improves healthy food access through Fresh Connect and Fresh Truck. [Fresh Connect](#) provides prepaid debit cards funded by healthcare providers for patients to buy fresh, culturally relevant food. [Fresh Truck](#) brings affordable produce directly to underserved neighborhoods using mobile markets, helping bridge the gap between healthcare and food security.

Contact: media@aboutfresh.org

Regional Resources

[Fall River Homeless Services Food Pantry Distribution Guide](#)

This guide, subject to change, provides information on various food pantries and meal services for residents.

Contact: info@fallriverhomeless.com

[Falmouth Service Center](#)

611 Gifford Street, Falmouth, MA 02540

Since 1983, Falmouth Service Center, a 501 (c) (3) non-profit, has worked hand in hand with the community to educate, support, and improve the quality of life of Upper Cape residents in need.

Contact: 508-548-2794

My Brother's Keeper

Easton: PO Box 338, Easton, MA 02356

Dartmouth: PO Box 70273, N. Dartmouth, MA 02747

My Brother's Keeper is the only local charity that delivers food assistance and emergency groceries as a core program, very important to the elderly and those without transportation. Each week, an average of 350 food deliveries are made in Brockton, Easton, Fall River, New Bedford, Dartmouth, and Westport.

Individuals and families in need call My Brother's Keeper between 10AM–12PM and receive a substantial, healthy food delivery between 3PM–5PM the same day.

Contact:

- Dartmouth: 774-305-4577
- Easton: 508-238-7512

Nantucket Food and Fuel Assistance

10 Washington St, Nantucket, MA 02554

The NFFRA is an outreach service of the Nantucket Interfaith Council. The Nantucket Interfaith Council is a group of island churches, religious organizations, and community members who meet monthly to promote the spiritual and humanitarian wellbeing of the island community.

Contact: 508-228-7438 or food@assistnantucket.org

PACE Inc

477 Park Street, New Bedford, MA

PACE Food Bank originally started as an extension of the Federal Surplus Food Program (also known as the “Cheese and Butter program”) in the early 1980s and developed into a Food Bank shortly after, when the agency began to receive and distribute food donations to the community. Today, the PACE Community Food Center partners with over 20 other agencies in the fight to end food insecurity.

Contact: 508-999-9920 EXT. 333 or emmamelo@paceinfo.org

Island Grown Initiative - Island Food Pantry

137 Vineyard Avenue, Oak Bluffs, MA 02557

If you are on Mass Health, SNAP, Fuel Assistance or are simply unable to afford groceries this month, you may visit the pantry. You must fill out a registration form on your first visit.

Contact: 508-296-8384 or info@islandfoodpantry.org

Statewide Resources:

[Community Action Agencies \(CAAs\)](#)

Community Action Agencies (CAAs) were created in 1964 as private, non-profit human service and advocacy organizations to fight poverty and expand access to achieve economic stability for communities. CAAs are often providers of LIHEAP and offer a variety of other services and programs such as housing, food banks, child care, and many more. Contact information can be found using the link above.

[JOE-4-SUN](#)

JOE-4-SUN MA is available to low-income Massachusetts residents who receive an Eversource or National Grid electric bill. JOE-4-SUN is not a utility company or energy supplier. You will continue to receive an electric bill from your utility as usual. JOE-4-SUN is a low-income community solar program that works with your utility to reduce your total balance due by applying credits to your electric bill.

Contact: 855-JOE-4-SUN or Joe4Sun@citizensenergy.com

[Massachusetts Home Energy Assistance Program \(HEAP\)](#)

The Massachusetts home energy assistance program (HEAP) is a 100% no-cost resource that helps eligible households pay a portion of their heating bills. There is a large network of local service providers which can be located through this [portal](#). Eligibility is based on factors including but not limited to household size and combined gross annual income of household members. Homeowners and renters may apply, in person or through the online application.

Contact:

- Executive Office of Housing and Livable Communities: 617-573-1100
- TTY: 617-573-1140

Mass 211

Mass 211 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources. Always a confidential call, Mass 211 maintains the integrity of the 9-1-1 system saving that vital community resource for life and death emergencies.

Contact: 211 or 877-211-MASS (6277)

Mass Save

Mass Save is a collaborative of various electric and gas companies in Massachusetts, serving customers of Berkshire Gas, Cape Light Compact, Eversource, Liberty, National Grid, and Unitil. Mass Save offers a variety of services, rebates, incentives, trainings, and information for residents, businesses, renters, and communities. [Here](#) you can enter your zip code and topic to find the most relevant contact.

Massachusetts Good Neighbor Energy Fund

The Massachusetts Good Neighbor Energy Fund is available to any Massachusetts resident who, because of temporary financial difficulty, cannot meet a month's energy expense and is not eligible for state or federal energy assistance. Income must fall between 60 and 80 percent of the state's median income levels. There are Corps and Community Centers in Athol, Boston, Brockton, Cambridge, Chelsea/East Boston, Fall River, Fitchburg/Montachusett, Framingham, Greenfield, Haverhill, Holyoke, Hyannis, Lawrence, Lowell, Lynn, Milford, New Bedford, Newburyport, North Adams, North Shore, Pittsfield, Quincy, Springfield, Waltham, and Worcester.

Contact:

- Area codes: 508, 617, 781, and 978, call: 800-334-3047
- Area code 413, call: 800-262-1320

Regional Resources:

[Citizen for Citizens](#)

250 Griffin St, Fall River, MA 02724

The Fuel Assistance program assists eligible households pay their heating bills during the winter/spring season or until benefits are exhausted. Clients also receive various discounts such as telephone discounts, electric discounts, and gas and oil discounts. Clients will also be provided help with past due arrearage management. Citizen for Citizens serves communities in Fall River, Assonet, Freetown, Rehoboth, Swansea, Somerset, Seekonk, Westport, Taunton, Berkley, Dighton, and Lakeville.

Contact:

- Greater Fall River: 508-679-0041
- Greater Taunton: 508-823-6346
- fuelmail@cfcinc.org

[PACE, Inc. \(People Acting in Common Endeavors\)](#)

261 Union Street, New Bedford, MA 02740

Massachusetts' home energy assistance program (LIHEAP) is a free resource, offered by PACE in partnership with the Department of Housing and Community Development, to help eligible households pay a portion of winter heating bills. The Fuel Assistance Program at PACE serves resident members of New Bedford, Acushnet, Dartmouth, Fairhaven, Marion, Mattapoisett, Rochester.

Contact: 508-525-4271

[Self Help, Inc.](#)

45 Pearl Street, Brockton, MA 02301

Self Help, Inc is a Community Action agency, serving communities in Metro Boston and Southeast MA. Self Help's offers Home Energy and Energy Conservation Assistance in Abington, Attleboro, Avon, Bridgewater, Brockton, Canton, Dedham, East Bridgewater, Easton, Foxboro, Franklin, Hanson, Holbrook, Mansfield, Needham, Norfolk, Norton, Norwood, Plainville, Randolph, Raynham, Rockland, Sharon, Stoughton, Walpole, West Bridgewater, Westwood, Whitman, and Wrentham. [Here](#) you can find the contact information for each location.

Contact: 508-588-0447

South Shore Community Action Council (SSCAC)

SSCAC offers a Home Energy Assistance Program from November 1 through April 30. Partnering with a network of 56 local intake sites, applicants may find an intake location throughout the South Shore, Cape Cod, and the Islands. Those eligible for Home Energy Assistance also have access to Heating System Repair & Replacement (HEARTWAP), weatherization services, and the AMPS program which conducts a home energy usage audit and provides energy efficiency services. SSCAC serves homes in Carver, Cohasset, Duxbury, Halifax, Hanover, Hingham, Hull, Kingston, Marshfield, Middleboro, Norwell, Pembroke, Plymouth, Plympton, and Scituate. [Here](#) you can access a full list of outreach locations.

Contact: 508-746-6707

Mental Health Assistance

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Statewide/National Resources:

[Massachusetts Department of Mental Health](#)

The Department of Mental Health, as the State Mental Health Authority, assures and provides access to services and supports to meet the mental health needs of individuals of all ages, enabling them to live, work and participate in their communities.

Contact: 1-833-773-2445

[988 Suicide and Crisis Lifeline](#)

The 988 Suicide and Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.

[Behavioral Health Help Line](#)

The Behavioral Health Help Line (BHHL) connects individuals and families to the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. Call for real-time support, initial clinical assessment, and connection to the right evaluation and treatment.

Contact: 1-833-773-2445

[Substance Abuse and Mental Health Services Administration National Helpline](#)

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

Contact: 1-800-622-HELP (4357)

[The Trevor Project](#)

The Trevor Project's mission is to end suicide among LGBTQ young people by providing counseling services if struggling with mental health.

Contact: 866-488-7386

[Riverside Community Care](#)

270 Bridge St Suite 205, Dedham, MA 02026

Riverside Trauma Team provides services in suicide prevention teaching effective identification and prevention techniques with topics that include: Suicide Assessment and Intervention Training for Mental Health Professionals, Suicide Prevention: A Gatekeeper Training for School Personnel, Postvention: Responding to Schools, Workplaces, and Communities Following Suicide, Recognizing Depression and Suicide Risk, Question Persuade, and Refer (QPR), and Unhealthy Opioid Use and Suicide Prevention.

Contact: 781-433-0672

[Southcoast Health](#)

Tri-Town Counseling: 19 County Road, Mattapoisett, MA 02739

Highland Psychotherapy: 654 High Street, Fall River, MA 02720

Southcoast Behavioral Health: 581 Faunce Corner Road, Dartmouth, MA 02747

Believes in providing high quality personalized treatment to patients with behavioral health needs. While in care, patients would receive hope, dignity, respect, compassion and kindness from employees. They are able to provide any type of service in all areas of mental health conditions. Specialize in services for; ADHD, Aggression, Anxiety, Delirium, Depression, Trauma, Conduct Disorder, Suicidal Ideation, Schizophrenia.

Contact:

- Main Line: 844-744-5544
- Tri-Town Counseling: 508-758-3754
- Highland Psychotherapy: 508-965-9532
- Southcoast Behavioral Health: 508-207-9800

[The MassMen Project](#)

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Riverside Community Care, 270 Bridge St, Dedham, MA 02026

The MassMen Project is a suicide prevention program, brought to you by Riverside Trauma Center, and designed to promote wellness and empower working-age men across Massachusetts to take action to feel better emotionally, physically, and spiritually. We also provide support and information for loved ones looking to help the men in their life. This program is funded by the Department of Public Health Suicide Prevention Program.

Contact: 781-433-0672

Statewide Resources:

[Continuum of Care Programs \(CoC\)](#)

A Continuum of Care (CoC) is a regional or local planning body that coordinates housing and services funding for homeless families and individuals. Across the Commonwealth there are 12 CoCs eligible to apply for money from HUD to help homeless people. Each of the 12 CoCs serves a unique geographic area. The EOHLC serves the communities not covered by the other CoC's as the Balance of State CoC.

[HomeBASE](#)

HomeBASE is the Commonwealth's re-housing benefit created to provide families who are in the emergency shelter assistance system an opportunity to overcome some of the financial barriers to ending their homelessness. Families deemed eligible for Emergency Assistance (EA) Shelter by an Executive Office of Housing and Livable Communities (EOHLC) Homeless Coordinator can access HomeBASE.

Contact:

- Housing Consumer Education Centers or EOHLC Division of Housing Stabilization: 1-866-584-0653

[Housing Consumer Education Centers of Massachusetts](#)

Housing Consumer Education Centers (HCEC) offer answers to a wide range of questions about all types of housing problems. Tenants, Landlords, Prospective Buyers, and Homeowners can access information designed to maximize housing stability, strengthen investments, and minimize disputes.

[Mass 211](#)

Mass 211 connects callers to information about critical health and human services available in their community. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources. Available 24/7.

[Regional Administering Agencies](#)

Regional Administering Agencies (RAAs) manage subsidized housing assistance, or Rental Assistance, throughout the Commonwealth of Massachusetts. The link will bring you to the Regional Administering Agencies Contact Listing.

Use this [link](#) to select your city/town from the drop-down menu to get contact information for a regional admin agency and review income-limits for the housing payment assistance programs.

[Residential Assistance for Families in Transition \(RAFT\) Program](#)

RAFT is administered by eleven Regional Administering Agencies (RAAs) as well as the Rental Assistance Processing (RAP) Center operated by Nan McKay and Associates (NMA).

The RAFT Program is a homelessness prevention program funded by the Executive Office of Housing and Livable Communities (EOHLC). RAFT provides short-term financial assistance to low-income families who are homeless or at risk of becoming homeless. The RAFT program helps keep households in stable housing situations when facing eviction, loss of utilities, and other housing emergencies. RAFT can provide up to \$7,000 per household (directly to the landlord, utility provider, mortgage servicer, or other vendor) within a 12-month period to help preserve current housing or move to new housing. To apply for RAFT, you can use this [link](#).

[Tenancy Preservation Program](#)

The Tenancy Preservation Program (TPP) is a homelessness prevention program. TPP works with tenants, including families with children with disabilities, facing eviction as a result of behavior related to a disability (e.g. mental illness, intellectual disability, substance abuse, aging related impairments). TPP functions as a neutral party to the landlord and tenant. In consultation with the Housing Court Department, TPP works with the property owner and tenant to determine whether the disability can be reasonably accommodated, and the tenancy preserved. The TPP does not provide any financial assistance.

Regional Resources:

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[Continuum of Care | Barnstable County, Cape Cod](#)

3195 Main Street, Barnstable, MA 02630

The CoC Program is designed to assist individuals (including unaccompanied youth) and families experiencing homelessness and provide the services needed to help them move into transitional and permanent housing with the goal of long-term stability.

Contact: 508-375-6600

Regional Adminstrating Agencies (RAA):

[Housing Assistance Corporation Cape Cod](#)

460 West Main Street, Hyannis, MA 02601

Housing Assistance Corporation was founded in 1974 as a pilot project to test the use of rental vouchers to help secure housing for year-round workers on Cape Cod. Since that time, our programs have expanded to assist more than 190,000 low-and middle-income households on Cape Cod, Nantucket and Martha's Vineyard. We serve more than 6,000 households each year in three main areas: homelessness prevention, housing stabilization, and empowerment.

Contact: 508-771-5400

[NeighborWorks Housing Solutions](#)

169 Summer Street, Kingston, MA 02364

NeighborWorks® Housing Solutions (NHS) is a one-stop-shop for finding and maintaining safe, affordable, high-quality housing and growing financial skills and resources. They provide the answers and support individuals and families need.

Contact: 781-422-4200

[SouthCoast Fair Housing](#)

Massachusetts Office: 257 Union Street, New Bedford, MA 02740

SouthCoast Fair Housing (SCFH) is a nonprofit fair housing organization dedicated to eliminating housing discrimination, ensuring equal housing opportunities, and developing inclusive communities throughout Rhode Island and Southeastern Massachusetts.

Contact: 774-473-9994

More Rental Assistance Resources:

[A Guide to Obtaining Housing Assistance](#)

This reference guide, provided by the Massachusetts Executive Office of Housing and Livable Communities is for Massachusetts residents seeking information on housing for low-and-moderate-income families and individuals.

[Housing Assistance Application Reference Guide](#)

This guide will take you through applying for housing assistance from the Commonwealth of Massachusetts, using the [Massachusetts Emergency Housing Payment Assistance Portal](#). The application described in this guide is for the Residential Assistance for Families in Transition program (RAFT).

[Housing Navigator \(\[housingnavigator.ma.org\]\(http://housingnavigator.ma.org\)\)](#)

This is a database that consists of income-restricted rentals from all over the state.

If you are facing eviction, this [link](#) will guide you towards plenty of resources that the Commonwealth of Massachusetts has available to help. Legal help and mediation are also available to help low-income tenants and small landlords to avoid an eviction. This [link](#) is a more comprehensive breakdown of the resources available when facing eviction.

[Training Resources for State Rental Assistance Program Providers](#)

Program partners for state rental assistance programs can access video trainings, guidance, and other presentations offered by EOHLC.

More Regional Resources:**Steppingstone Inc.**

Steppingstone Incorporated is an organization that promotes client-center services and programs to improve quality of life. Steppingstone Incorporated's Peer 2 Peer (P2P) Center provides a confidential and secure environment for those seeking recovery support to learn from the lived experience and shared challenges of their peers. In addition Steppingstone Inc. provides both clinical and non-clinical treatment and coaching promoting long-term recovery. Find out more about Steppingstone Inc. [here](#). Find out more information about Peer Recovery Support [here](#).

111 Durfee St, Fall River, MA 02720

Phone: (508)-674-2788

SEMCOA - High Point Treatment Center

Southeast Massachusetts Council on Advocacy (SEMCOA) is an agency that provides support and advocacy for individuals, families, and communities with regards to parenting, homelessness, domestic violence, mental illness, and substance use. SEMCOA maintains family centers in Southeastern Massachusetts, which provide emergency shelter and case management to families affected by homelessness. SEMCOA also runs Healthy Families Massachusetts (HFM), a coaching and family support program for first-time young parents. Additionally, SEMCOA provides a community-based victim service focused on assisting victims of domestic violence, those impaired in driving accidents, and individuals who have lost family members to homicide. Find out more about SEMCOA [here](#).

Family Centers

Fall River Family Center

257 Cherry Street, Fall River, MA 02720

Phone: 508-679-2109

Fax: 508-676-6694

Harbour House Family Center

713 Shawmut Avenue, New Bedford, MA 02746

Phone: 508-992-6027

Fax: 508-992-5017

Taunton Family Center

74 Winthrop Street, Taunton, MA 02780

Phone: 508-738-5142

Fax: 508-738-5163

Rental Vouchers:

Rental assistance programs that provide financial rental assistance to low-income persons renting apartments on the private market.

[AHVP \(The Alternative Housing Voucher Program\)](#)

The Alternative Housing Voucher Program is a state funded rental voucher program. provides rental assistance to people with disabilities under the age 60, who either live in, or are eligible to live in elderly/disabled state assisted public housing.

[Department of Mental Health Rental Subsidy Program \(DMHRSP\)](#)

Provides rental assistance to units occupied by low-income persons who receive supportive residential services through the state's Department of Mental Health (DMH). Eligible participants must be determined in need of supportive residential services by DMH, and a closed referral process is used. Assistance targets individuals with incomes of 80% AMI or less. DMH refers eligible clients to service providers across the state. Information on how to apply for DMH services or eligibility can be found at the link above.

[Mobile HCVP/Section 8 \(The Section 8 Housing Choice Voucher Program\)](#)

The federal Section 8 program. Apply at the Regional Administering Agency that serves the town you live in. You can also apply at [Mass NAHRO](#).

[Mobile MRVP \(The Massachusetts Rental Voucher Program\)](#)

A state funded rental voucher program. Apply at the local housing authority in the town you live in using the link above.

Project based HCVP/Section 8 or project based MRVP

These vouchers are tied to specific private housing developments and cannot change location. You need to apply separately to each development.

[VASH \(Veterans Affairs Supportive Housing\)](#)

This is a federal voucher program for eligible Veterans. Apply at your local Veteran's Administration Hospital. You can find more information by calling 1-877-4AID-VET or their website.

Substance Use Disorder Support

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Statewide/National Resources:

[Bureau of Substance Addiction Services](#)

Statewide system of prevention, intervention, treatment, and recovery support to address different types of addictions, including alcohol and gambling.

Contact: 617-624-5111

[Massachusetts Substance Abuse Information and Education Helpline](#)

This Helpline is the only statewide, public resource for finding substance use treatment, recovery, and problem gambling services. Helpline services are free and confidential. Our caring, trained Specialists will help you understand the treatment system and your options.

Contact: 1-800-327-5050

[National Institute on Drug Abuse](#)

This is a source where health professionals can go to learn more about substance use disorder treatment. This can be helpful for families who are dealing with a loved one that has substance use disorder as well.

[Nicotine Replacement Therapy Program](#)

Use this site if you intend to stop smoking, vaping, or using other tobacco or nicotine products.

Contact: Text “Start my Quit” to 36072 or 1-800-QUIT-NOW

MA Dept of Public Health Substance Abuse Help Line

The Massachusetts Substance Use Helpline is a free and confidential Helpline committed to offering non-judgmental caring support. Trained Specialists refer, inform, and assess needs with the goal of connecting people to proper harm reduction, treatment, and recovery services. The Helpline can be reached via call, text, or through the website [here](#).

Contact: 800-327-5050

The Institute for Health and Recovery

75 N. Beacon St., Fl. 2, Watertown, MA 02472

IHR is a non-profit organization, which offers statewide support through consultation, training, and technical assistance to individuals and organizations affected by substance abuse. Find out more [here](#).

Phone: 617-661-399

Email: lh@healthrecovery.org

Massachusetts Alliance for Sober Housing (MASH)

Massachusetts Alliance for Sober Housing (MASH) is the primary agency accountable for all certified alcohol and drug-free (ADF) housing in Massachusetts. MASH offers a [rental assistance program](#) and trainings, promoting health, safety, and community in sober homes. Find available sober housing through their directory [here](#).

Phone: 781-472-2624

Email: Office@mashsoberhousing.org

South Middlesex Opportunity Council

South Middlesex Opportunity Council (SMOC) is a regional Community Action agency that offers several services around the state. SMOC operates three emergency shelter programs and over 300 units of housing, including permanent, sober, and peer-support focused housing. The Common Ground Resource Center provides a single-entry point into SMOC's housing programs.

Common Ground Resource Center: [\(508\) 620-2690](tel:(508)620-2690)

[Behavioral Healthcare](#) provides outpatient and care coordination services, residential substance uses recovery programs, and peer recovery support. Find out more about SMOC Behavioral Healthcare [here](#).

Main Contact: 508-879-2250

Recovery Support Center Contacts: 508-424-2520 or anchoredinrecovery@smoc.org

[Herren Project](#)

The Herren Project's Recovery Scholarship provides funding to support seven weeks of rent at a vetted sober house. Approved candidates are given a chance to get back on their feet and transition into their new sober life in a safe and successful way without the immediate financial burden of paying rent right after treatment. Candidates must be in an addiction treatment program and be referred by a case manager or counselor, or be a current Herren Project client. Check eligibility and apply [here](#).

Contact: recovery@herrenproject.org

[Project NORTH](#)

Project NORTH is a Trial Court initiative that partners with treatment providers to support individuals with treatment, recovery, and prevention, enrolling in MassHealth, developing recovery goals, accessing sober housing, and more. Referrals may come from Trial Court staff, Probation, Defense Counsel, the District Attorney's office, behavioral health treatment providers, or community partners. Individuals may also self-refer. Walk-in appointments are accepted at [all Project NORTH courthouses](#).

[Brockton VA \(Veterans Affairs\) Medical Center](#)

940 Belmont Street, Brockton, MA, 02302

The Brockton VA helps veterans on their recovery journey through outpatient and inpatient services. Their residential facility helps veterans deal with substance abuse, homelessness, mental health, and unemployment through its 24-hour therapeutic and educational programs.

Contact:

Main Phone: 508-583-4500

Information on residential care for substance use disorder: 774-826-1969

Brockton Campus Outpatient for substance use disorder: 774-826-1489

[High Point Treatment Center \(HPTC\)](#)

HPTC has a detoxification unit along with Clinical Stabilization Unit (CSS). Under the detox unit they offer 24-hour nursing care after safe withdrawal of alcohol and/drugs, and also a Medication Assisted Treatment program. This treatment holds individual and group counseling, family support and education, and aftercare support, as well as AA/NA group meetings. CSS is a rehabilitation program that runs 24/7, that has group and individual counseling, lectures, opioid overdose prevention workshops and more. Both services highly encourage family participation.

[Plymouth Campus:](#)

1233 State Road, Plymouth, MA 02360(508) 224-7701

[New Bedford Campus:](#)

44 Kilburn Street, New Bedford, MA 02740
(508) 984-1697

[Justice Resource Institution \(JRI\) Behavioral Health Clinics & Trauma Services](#)

35 Summer Street, Suite 202, Taunton, MA 02780

The Behavioral Health Clinics and Trauma Services from JRI use intervention methods aimed to assist the needs of children, adults, and families dealing with a range of emotional, psychological, and behavioral health challenges. They offer therapy that is tailored to meet the goals and needs of each patient, as well as group and family sessions.

Contact:

(508) 828-1308

ajoyner@jri.com

Statewide/National Resources:

[Department of Youth Services \(DYS\)](#)

600 Washington street, 4th Floor, Boston, MA 02111

DYS serves individuals of the ages 12-21 who have been adjudicated delinquent, a youthful offender, or places in DYS' overnight arrest beds and/or detention programs while awaiting court date. DYS offered education programs with individualized attention, coaching and cognitive behavioral strategies. They strongly encourage families to engage in their programs to further help.

Contact: (617) 727-7575

[Wayside Youth & Family Support Network](#)

1 Frederick Abbott Way, Framingham, MA 01701

Wayside Youth & Family Support Network provides a variety of mental health counseling and family support services across Massachusetts. To find their services near you contact them at (508) 879-9800 or go to their [overview page](#) on their website.

[Youth Enrichment Services \(YES\)](#)

412 Massachusetts Avenue, Boston, MA, 02118

YES is a non-profit organization that provides affordable sports-based and outdoor activities for growth in leadership and development. Their goal is to build confidence, gain leadership, and create pathways to leadership for today's youths.

Contact:
info@yeskids.org
(617) 267-5877

[A Baby Center](#)

81 Willow Avenue, Hyannis, MA 02601

A Baby Center supplements critical basic needs that ensure the good health and safety of babies who live on Cape Cod and the Islands. These services are provided at no cost to clients.

Contact: 508-771-8157

[Boys and Girls Club](#)

Our goal is to enable all Clubs to provide a Club experience that assures that success is within reach of every young person who enters our doors, with all members on track to graduate from high school with a plan for the future, demonstrating good character and citizenship, and living a healthy lifestyle.

Contact:

- Brockton: 508-584-5209
- Cape Cod: 508-477-8845
- Edgartown: 508-627-3303
- Fall River: 508-672-6340
- Marshfield: 781-834-2582
- Nantucket: 508-228-0158
- New Bedford: 508-992-8011
- Plymouth: 508-746-6070
- Taunton: 508-824-4341

[Lifeline Youth and Family Services](#)

33 Dover Street, Suite 113, Brockton, MA 02301

Lifeline's mission is to empower the most at-risk families, teenagers, young adults, people with history of violence and families to make and sustain positive changes through prevention, intervention, and life skills to break the cycle of poverty and become self-sufficient, contributing members of their communities in the greater Boston area.

Contact: 978-746-5061

[Monomoy Youth Alliance](#)

166 Depot Road, Chatham, MA 02633

Monomoy Community Services has been providing family support services to Chatham's working families and individuals for the past 49 years. From clinical counseling referral, to licensed childcare and youth enrichment programs, to seasonal special events and activities, Monomoy helps to keep our small seaside community healthy.

Contact: 508-945-1501 or 508-945-1117, and info@monomoy.org

[My Turn, Inc.](#)

162 Main Street, Brockton, MA 02301

MY TURN helps youth develop their skills, goals, and self-confidence through alternative education, post-secondary planning, career exploration, and employment training. Our programs work in concert with local partners including high-schools, employers, colleges, and social service agencies to provide a holistic approach to serving youth.

Contact: 508-580-2659

[Nauset Youth Alliance](#)

384 Underpass Road, PO Box 541 Brewster, MA 02631-0541

Nauset Youth Alliance provides after school and summer childcare for youth ages 5-14 in a structured and safe environment at both Eddy and Stony Brook Elementary Schools in Brewster and has in-kind use of the buildings.

Contact: 508-896-7900

[Plymouth Family Resource Center](#)

430-3 Court Street, Plymouth, MA 02360

The Plymouth Family Resource Center (PFRC) offers parenting and support groups for caregivers and youth, information and referral resources, assessment services, and education programs for families whose children range in age from birth to 18 years old, all free of charge.

Contact: 774-283-6531

[South Shore Autism Center](#)

45 Pond St, Norwell, MA 02061

The mission of South Shore Autism Center in Massachusetts is to be a warm, welcoming place where children with autism receive high quality ABA services, and where their families join a community of support, knowledge, and care. We achieve that mission through naturalistic ABA interventions in a bright, friendly environment. Children spend their days around other children, including typically developing peers, and with trained, enthusiastic clinicians.

Contact: 781-421-6182

[Weymouth Teen Center](#)

1393 Pleasant Street, Weymouth, MA 02359

The Teen Center provides teens the opportunity to gather with their friends in a safe, casual, and supervised environment. This is a place where young people can air their concerns, develop and express ideas of their own, and be encouraged to grow into healthy, responsible adults.

Contact: 781-335-9713

Immigrant Resources

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Statewide/National Resources:

[Financial Literacy for Newcomers \(FLN\)](#)

FLN offers workshop classes, free of cost to the participants, about the American financial system. As well as teaching how to immigrants can protect their money and build assets. It is offered in 15 languages including but not limited to: Spanish, Portuguese, Haitian Creole, Russian, Ukranian, and Swahili. After graduation from the program you are awarded a stipend. You can find more information [here](#).

[International Institute of New England \(IINE\)](#)

2 Boylston Street, 3rd Floor, Boston, MA 02116
101 Jackson Street, Suite 2, Lowell, MA 01852

The International Institute of New England (IINE) helps refugees and immigrants with a wide range of services including: relocation services, employment advancement, education, pathways to citizenship, legal services, and language and translation services. Click [here](#) for more information.

Boston: 617.695.9990

Lowell: 978.459.9031

[Massachusetts Immigration and Refugee Advocacy Coalition \(MIRA\)](#)

69 Canal St 3rd floor, Boston, MA 02114

MIRA promotes the rights and integration of immigrants and refugees in New England. They offer an immigrant helpline for general information about immigration pathways/processes, resources for immigrants, Know-Your-Rights information, and personal immigration court cases or a pending immigration application. Click to find their online factsheets and legal service directory.

Call the helpline at (508) 293-1871

[Office for Refugees and Immigrants \(ORI\)](#)

1 Ashburton Place 5th floor Boston, MA 02108

In addition to the resources already listed, ORI runs many other programs and services. This includes medical, employment, schooling, cash assistance, and more. Find the full list of programs and qualifications [here](#).

Office for Refugees and Immigrants: 617-727-7888

[Citizen for New Americans Program - Office for Refugees and Immigrants](#)

The Citizenship for New Americans Program (CNAP) assists legal permanent Massachusetts residents in gaining citizenship. Residents must be within 3 years of eligibility to become citizens of the United States. Services provided include: ESOL/civics classes, citizenship application assistance, interview preparation and supportive services including interpretation and referral services. Find a list of service providers [here](#).

[PAIR Project](#)

98 North Washington Street, Suite 106 Boston MA 02114

Political Asylum/Immigration Representation (PAIR) helps asylum seekers and detained immigrants navigate the legal system. PAIR provides free asylum intake services and free legal services for detainees with bond and removal defense. PAIR's Detention Program is the only immigration legal services program with negotiated access to all major ICE detention centers in Massachusetts and Wyatt, Rhode Island to conduct legal orientation.

Phone: 617-742-9296

Rian Immigration Center

One State Street, Boston, MA 02109

Rian empowers immigrants, refugees and international exchange visitors on the path to opportunity, safety, and a better future. They offer legal assistance for immigration cases at an extremely low cost or for free. Rian also provides education, career-building, and international exchange visitor visa services.

Free legal consultation: 617-542-7654 ext. 176

Immigration Legal Resource Center:

[Click here](#) to download printable Red Cards. Red Cards also known as “Know Your Rights” cards provide legal information about the fundamental rights for individuals regardless of their immigration status, when interacting with law enforcement and immigration authorities. Downloads are available in Amharic, Arabic, Chinese, English, Farsi, French, Haitian Creole, Hmong, Khmer, Korean, Pashto, Portuguese, Punjabi, Russian, Spanish, Tigrinya, Ukrainian and Vietnamese.

Phone: (415) 255-9499

AODAdmin@ilrc.org

Regional Resources:**Community Action Committee of Cape Cod & Islands**

372 North Street, Hyannis, MA 02601

The Community Action Committee of Cape Cod & Islands, Inc. (CACCI) is a non-profit organization that serves low-income families and individuals to assist in improving their quality of life and achieve self-sufficiency. They hold free Citizenship Classes to help study for the U.S. Citizenship test, where attendees will learn about American history and government, interview tips, and more. They offer these opportunities in Portuguese and Spanish.

Register: (508) 771-1727, EXT 140 or ssouza@cacci.cc

Catholic Charities for Fall River, Immigration Law Education and Advocacy Project (ILEAP)

ILEAP provides free and low-cost immigration-related legal services to refugees and Immigrants in the Diocese, and they education communities in Southeastern Massachusetts on immigration laws and policies. They specialize in applications for permanent residency (green cards), political asylum, temporary protected status, Deferred Action for Childhood Arrivals (DACA), defense from deportation, citizenship and naturalization, and Special Immigrant Juvenile Status for children who were abused and/or neglected by one or both parents. Their staff is multi-lingual fluent in English, Spanish, French, Portuguese and Cambodian Khmer.

Fall River:

1600 Bay Street, PO Box M/So. Station, Fall River, MA 02724

(508) 674-4681

FR-Reception@ccfrdioc.org

New Bedford:

238 Boney Street, New Bedford, MA 02744

(508) 997-7337

Hyannis:

261 South Street, Hyannis, MA 02601

(508) 771-6771

Immigrant Assistance Center (IAC)

58 Crapo Street, New Bedford, MA 02740

The IAC has case managers on hand to advise clients of their rights under the current law. Their services also guide them towards food, housing, clothing, and healthcare. They set up clients with workforce readiness, by setting up resumes and offering related classes, and citizenship support by navigating the path to legal citizenship. They offer help in English, Spanish, Portuguese, French, and Cape Verdean Creole. For information on their English or citizenship classes [email](#) or message on WhatsApp at 508-996-8113.

South Coastal Counties Legal Services

SCCLS offers legal assistance to individuals who need representation. They have a focus on those searching for asylum, temporary protected status, and special immigrant juvenile status. They also represent individuals in family-based immigration cases, removal proceedings, and other immigration petitions.

Brockton:

62 Main Street, Suite 202, Brockton, MA 02301-4040
(504) 484- 5050

Fall River:

22 Bedford Street, Fall River, MA 02720
(508) 676-6265

New Bedford:

21 South Sixth Street, New Bedford, MA 02740
(508) 979-7150

Hyannis:

460 West Main Street, Hyannis, MA 02601
(508) 775-7020

Nantucket & Martha's Vineyard:

by appointment only 800-244-9023

Statewide/National Resources:

High School Equivalency Testing Resources:

[Massachusetts Official HSE Test Centers - High School Equivalency \(HSE\) Testing Program](#)

Department of Elementary and Secondary Education

The GED and HiSET tests allow individuals to earn an equivalent to a high school diploma. Learn more about the difference between the GED and HiSET, where to sign up to take the test, and free test preparation materials. There is no cost to taking the GED and HiSET tests for all MA residents.

MassLINKS

MassLINKS provides free virtual education classes to Massachusetts residents to support high school equivalency testing, English language instruction, workplace readiness, and college preparation. Classes have flexible scheduling and students are eligible to receive technology support, such as a Chromebook, headphones, calculator, etc.

Phone: 978-355-1541

masslinks@mwcc.mass.edu

MassHire

MassHire is the state's leading workforce development network that connects employers and job seekers. MassHire provides job placement, training, and career development services at no charge. Find a MassHire career center location in your area [here](#). Learn more about upcoming job fairs and hiring event [here](#).

Phone: (617) 626-5300

Mass Ability

MassAbility supports those with disabilities to gain autonomy and independence. MassAbility's Career Services center provides guidance, training, and job placement assistance for individuals who meet MassAbility's physical or mental disability eligibility requirement. Apply for services at [MassAbility Connect](#), or find contact information for regional locations [here](#).

Contact: (978) 458-4544

MassTown Careers

MassTown Careers is a website that provides a plethora of job opportunities available in towns and cities across Massachusetts. Jobs are updated and careers range from health, information technology, human services, public work, public safety, finance, and town manager/administrator. The job opportunities have instructors of links for those interested to apply.

Website: [Search Our Municipal Jobs - Mass Town Careers](#)

Mass.gov

Mass.gov is a resource that provides Mass residents with job opportunities. The website has a 'find your job' tab which allows Mass residents to filter their search to find a career that fits them and in the area they find fit. Internships paid and unpaid are also included in the job opportunities.

Website: [Find Your Career at the Commonwealth | Mass.gov](#)

Mass.gov Law about Wages is a resource for those who are interested or in need of exploring the law surrounding wages and overall employment.

Vet Jobs America

Vet Jobs America helps veterans in their transition to civilian life by providing them comprehensive career services in their journey to finding employment. Website:

[Apprenticeship Placement For Veterans | Hingham, MA | Vet Jobs America, Inc.](#)

Phone: (800)-947-7925

Massachusetts Department of Unemployment

The Massachusetts Department of Unemployment has resources that support Massachusetts residents during challenging times.

Website: [Department of Unemployment Assistance | Mass.gov](#)

Southeastern Economic Development Corporation (SEED)

The Southeastern Economic Development Corporation is a non-profit organization that helps start, grow, and scale small local businesses through loan programs. These programs include Fast Track Loans, Small Loans, and SBA 504 Loans. SEED also offers technical assistance through workshops and financial consultations. Access the SEED

Website: [SEED](#).

Phone: 508-822-1020

Regional Resources:

[Brockton Adult Learning Center](#)

The Brockton Adult Learning Center provides education resources to learners with diverse needs. The center offers ESOL, GED/HiSET preparation, Family Learning, and CNA training several times a week. All programs are free and in-person. Find out more about The Brockton Adult Learning Center [here](#).
20 Union Street Brockton, MA 02302

Phone: 508-580-7475

[Randolph Community Partnership, Inc.](#)

The Randolph Community Partnership is an organization focused on adult education. RCP helps students grow through various levels of ESOL, HSE, and occupational classes. Find out more about the Randolph Community Partnership, Inc. [here](#).
70 Memorial Pkwy, Randolph, MA 02368

Phone: 781-961-8888

Email: susahn@rcpinc.org

[Job Training & Employment Corporation \(Hyannis\)](#)

JTEC runs employment and training programs for low-income individuals, out of school youth, recently unemployed jobseekers, and individuals facing serious barriers to employment. JTEC serves residents 16+ in Barnstable, Dukes', and Nantucket Counties. Membership is free and required to receive services. Members receive assessment, skills training, on the job training, HiSET Preparation, and digital literacy training. Find out more about JTEC [here](#).
88 North St B, Hyannis, MA 02601

Phone: 508-771-5627

[Junior Achievement of Southern Massachusetts](#)

The JA Company empowers high school students to become community leaders through entrepreneurship. In addition to educational programming offered in the classroom, the JA company offers workforce coaching remotely. Find out more about the Junior Achievement Company of Southern Massachusetts [here](#).
128 Union Street, Suite 304 New Bedford, MA 02740

Phone: (508)-997-6536

[Southeastern Advanced Manufacturing Consortium](#)

The Southeastern Advanced Manufacturing Consortium is a forum seeking to strengthen the current and future manufacturing workforce through trainings. All trainings are provided free of cost and can be accessed [here](#).

476 Webster Street Hanover, MA 02339

Phone: 508-675-1165

[Father Bill's & MainSpring](#)

Father Bill's & MainSpring (FBMS) is a charitable organization working to end homelessness in the South Shore. The organization offers various services including Workforce Development. Workforce Development services include networking, career fairs, and job training, resume building, soft skills training, and stress management support. Find out more about Father Bill's & MainSpring [here](#).

124 Manley St, Brockton, MA 02301

Phone: 508-587-5441

[Cape Cod Chamber of Commerce Free CDL training](#)

The Cape Cod Chamber of Commerce offers free Commercial Driver's License training. The program will pay for a total of 50 trainees over the course of two years. While enrollment is ongoing, applications are competitive. Find out more about the Cape Cod Chamber of Commerce's Free CDL training [here](#).

[CapeTide](#)

CapeTide offers year-round support to entrepreneurs in Cape Cod. As of 2026, CapeTide has developed 3-week and 12-week programs to aid local entrepreneurship efforts. Find out more about CapeTide [here](#).

5 Patti Page Way, Centerville, MA 02632

[Fall River Senior Community Service Employment Program](#)

The Senior Community Service Employment Program (SCSEP) is a community service and work-based training program that improves economic self-sufficiency for unemployed low-income people ages 55 and older. Find out more about Citizens for Citizens, Inc's Senior Community Service Employment Program [here](#).

264 Griffin Street, Fall River, MA 02724

Phone: (508)-679-0041

Community Colleges

The MassEducate and MassReconnect Programs provide all Massachusetts residents without a bachelors degree free of cost. These benefits are available to all Massachusetts regardless of age or income level. In order to be eligible for MassEducate and MassReconnect, residents must:

- 1) Complete the Free Application for Federal Student Aid ([FAFSA](#))
- 2) Apply to a local community college and enroll in an approved program
- 3) Have physically resided in Massachusetts for at least a year, as of the start of your first enrolled term
- 4) Have earned a high school diploma or the equivalent
- 5) Be enrolled in at least 6 credits per semester in an approved program of study leading to an associate degree or certificate
- 6) Maintain satisfactory academic progress in accordance with the college's requirements

Massasoit Community College

Find out more about Massasoit Community College [here](#)

1 Massasoit Blvd. Brockton, MA 02302

Phone: (508)-588-9100

Bristol Community College

Find out more about Bristol Community College <https://bristolcc.edu/>

777 Elsbree Street, Fall River, MA 02720

Phone: 774-357-2811